



peace be with you

# weekly devotional

from the desk of Rev. Marta Wheeler  
SAINT PAUL BENSON

## Lifting the Latch

Once again, I hang close to the door and gaze into this looking glass where the light of Christ draws me in and Jesus stands on the other side.

Gazing into the mirror, the regrets reflected are from years of clinging. Studying them again, forgiveness seeps into my present awareness.

Could it be that forgiving, and releasing judgment of myself, is all that is keeping me from lifting the latch to open the door?

Staying present in these prayerful thoughts, I ask God to take these regrets, then with excitement knock firmly, expectantly, and confidently.

The space between us narrows and the Light streams in as my prayer is answered. Jesus opens the door and Love, Peace, and Joy are revealed in the releasing.

I've done the best I can.

**September 22, 2021**

Matthew 7:7-8

"Ask, and you will receive; seek, and you will find; knock, and the door will be opened to you. For everyone who asks will receive, and anyone who seeks will find, and the door will be opened to those who knock."

### ***The Mirror of Understanding***

In these two familiar verses we hear the voice of Jesus explaining that our faith is our relationship with God. Everyone who earnestly asks for faith receives.

Certainly, we are sometimes fearful of coming close to the Light because our regrets get the best of us. We fret that we aren't good enough or have done the unforgiveable. Or we hold grudges and our stomach ties up in knots.

Bowing our heads in prayer and journaling our feelings are two ways that we may reflect upon our lives at the mirror. There are times we need a trusted friend, pastor, or caring therapist in order to sort out how life has affected us. Over time we become more open to forgiveness and begin to think more positively.

We pray for you and how you see yourself as transformed and beloved children of God.

*God's light and peace to you.*

*Marta*

Rev. Marta Wheeler